



What is **Meanness** and **Bullying**?

At Holy Name, we strive to be a school where everyone is valued, respected, safe and can learn. For this reason, we cannot tolerate any form of meanness, bullying, harassment, aggression or violence.

These behaviours may take the form of spoken, written or even electronic/cyber actions. They include behaviours that may be:

- verbal (put-downs or threats)
- physical (hitting, tripping, punching or stealing)
- social (ignoring, hiding or ostracising)
- psychological (threatening looks, spreading rumours, damaging possessions or stalking).

Meanness and Bullying will be dealt with as a behaviour that is deliberate, aggressive and unsafe to others.

What's the Difference?

CONFLICT	Disagreement Two or more children involved Usually have equal power
MEANNESS	Intent to hurt others On purpose but not ongoing May have equal power
BULLYING	Physical/Emotional Harm On purpose, targeted & ongoing Misuse of power

We encourage students who feel they're being bullied or who know someone is getting bullied to talk to a teacher or someone else they trust.

We encourage our students to speak up against bullying.